

WOMEN'S fund — fundraiser — luncheon

Thursday, September 5, 2024



Empowerment
Collaboration
Representation
Leadership
Self-sufficiency
Opportunity
Appreciation
Support
Education

G R O W
with us



PRESENTED BY



COMMUNITY FIRST
CREDIT UNION

We'll Find A Way!

Watering the seeds of possibility

Order of Events

- 10:15 a.m. - 11:00 a.m. Issue Spotlight Discussion
10:30 a.m. - 11:15 a.m. Check-In, Visit Grant Displays & Networking
11:30 a.m. - 1:00 p.m. Luncheon
-

NEW LOCATION!

Fox Cities Exhibition Center 355 W. Lawrence St., Appleton
\$75/person | \$750/table of 8

Reserve your table or individual seat by mail, phone or online.

Sponsorship opportunities are still available!

920.702.7661 | womensfundfvr.org

Questions: tstlawrence@womensfundfvr.org

Registration deadline is August 30 or until sold out.

MAKE YOUR RESERVATIONS EARLY!

Reservations are non-refundable.

*Scan the QR code to
register today!*



Proceeds from the Women's Fund for the Fox Valley Region's largest fundraiser of the year directly impacts women and girls in our community, through grants, advocacy, education and strategic initiatives.

Presented by



Featured Speaker

Dr. Morgan Cutlip

NAVIGATING WOMEN'S MENTAL & EMOTIONAL WELLNESS



Dr. Morgan Cutlip, PhD in Psychology and highly sought-after relationship expert, knows what it feels like to lose yourself in motherhood and all the other responsibilities, and she's determined to help women navigate it better.

Throughout her career, she has helped hundreds of thousands of people worldwide learn how to form and maintain healthy relationships, including the most important relationship you have, **with yourself**.

Dr. Cutlip is the author of *Love Your Kids Without Losing Yourself* and has been a featured relationship expert with *Good Morning America*, *Teen Vogue*, *The New York Times*, *Women's Health Magazine*, *MOPS International*, *Loveology*, and *Flo*, the #1 app in health and fitness.

Issue Spotlight

THE RELATIONSHIP: MENTAL WELLNESS AND WOMEN

Join us for a discussion between Ebb and Flow Connection Cooperative and hosts of *The Real Vibes Only Podcast*, Karen Iverson Riggers and Lynn McLaughlin, on mental and emotional wellness challenges facing women and innovative approaches to being well.

Thank you to our generous event partners!

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WOMEN'S fund

for the fox valley region, inc.

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A supporting organization of the Community Foundation for the Fox Valley Region.